# PaperCuts Seminar

# GroupWise, Word & Windows – Tips & Tricks to Help You Save Paper

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## CUTTING TO THE CHASE - HOW YOU CAN HELP THE CITY SAVE PAPER

YOU can help the City save millions of sheets of paper a year. How??

## EASY!!

There are approximately 11,000 employees who work for the City of Seattle.

If EACH employee printed ONE LESS SHEET OF PAPER A DAY, we'd save:

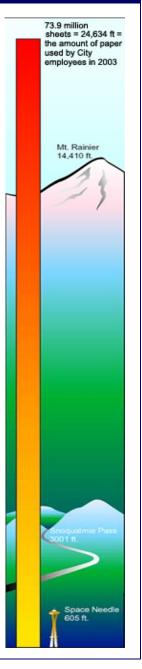
11,000 sheets of paper X 5 days = 55,000 sheets in one week.

55,000 sheets of paper X 52 weeks = 2,860,000 sheets of paper!!

SO! If each employee printed ONE LESS PAGE A DAY, the City could save nearly 3 million sheets of paper each year

If each employees printed TWO LESS PAGES A DAY, the City could save nearly 6 million sheets of paper each year.

See how easy? We ALL can find ways to print a few less pages each day!





## SAVE- DON'T PRINT E-MAIL

There are two ways to save e-mail: ARCHIVING and SAVING AS A WORD DOC. Is there a preferred way? NO. Talk to your Supervisor and E-Mail Administrator to find out which method they recommend.

## HOW TO ARCHIVE AN E-MAIL

ARCHIVE protects items from being AUTOMATICALLY DELETED. Depending on your job requirements, you may need to use the ARCHIVE feature to SAVE E-MAIL MESSAGES to KEEP RECORDS of SUBSTANTIVE CITY BUSINESS.



#### **VERY IMPORTANT NOTE:**

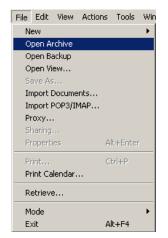
IF THE ARCHIVE DATABASE becomes too large – it may CORRUPT or CRASH.

It's important to Manage your Archive and Delete Obsolete Items.

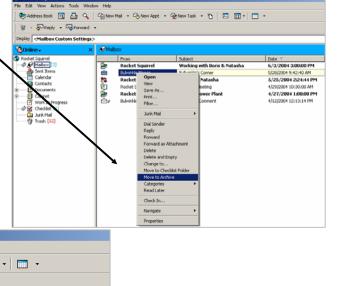
RIGHT-CLICK the E-MAIL, SELECT MOVE TO ARCHIVE on the MENU and LEFT-CLICK. The MESSAGE will disappear from your MAILBOX and will be placed in ARCHIVE.

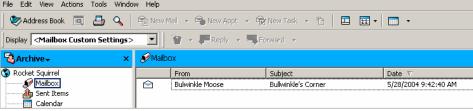
To View Archived E-Mail, go to File and Click Open Archive.

The Archived E-Mail will appear in the Archive Mailbox.



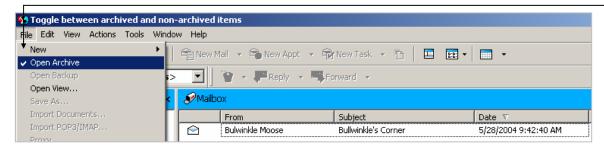








To GET OUT of Archive and Return to your Regular Mailbox, go to File. You'll notice that Archive has a Check Mark. Click Archive to "Turn Off" Archive. Your regular Mailbox will appear.



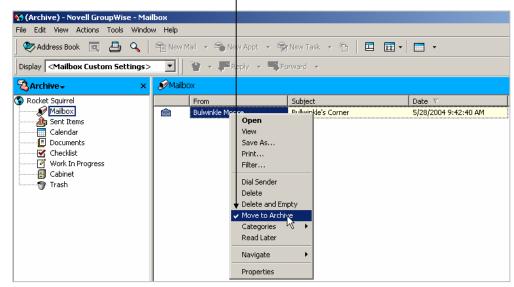
To UNARCHIVE an E-MAIL, you'll do just about the same thing. This time, while in ARCHIVE, RIGHT-CLICK the ARCHIVED E-MAIL. You'll see MOVE TO ARCHIVE with a CHECK MARK by it.

CLICK to TOGGLE OFF - or UNARCHIVE THE MESSAGE.

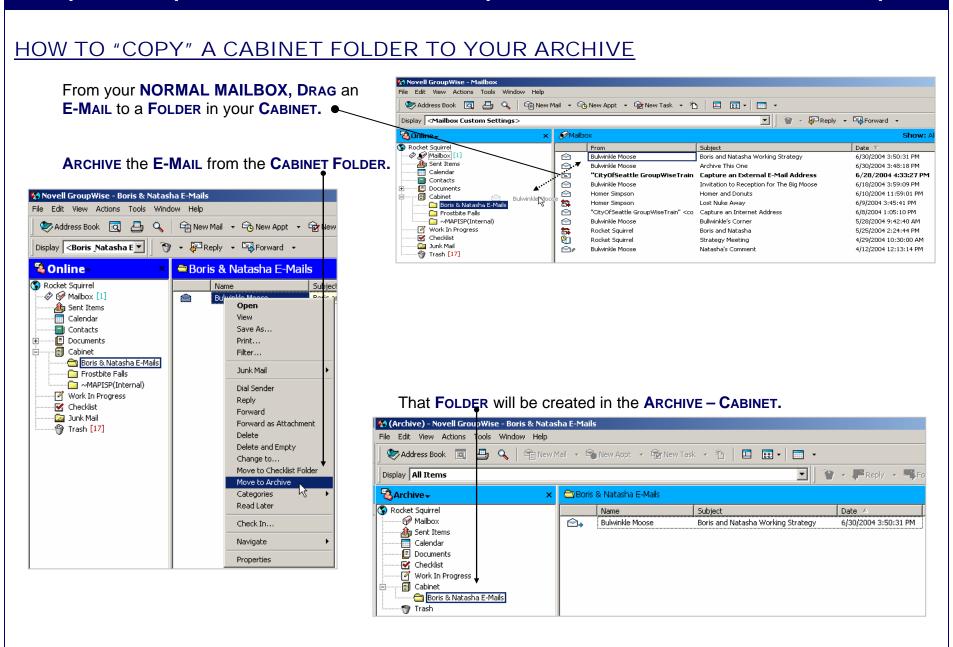
This action will **TURN ARCHIVE OFF** and move the **E-Mail** back to your regular **Mailbox**.

(Now, be sure to **TURN OFF ARCHIVE** and return to your regular **MAILBOX.**)

Easy, isn't it?





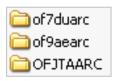




## HOW YOUR ARCHIVE FOLDER APPEARS IN YOUR HOME DRIVE

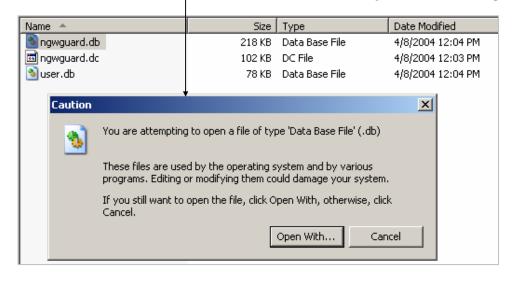
In some unfortunate cases, employees have Deleted their Archive by accident because they didn't know or recognize the Archive Folders in their Home Drive.

This is how an Archive Folder or Folders could appear in your Home Drive - H:\\*\*



Some employees have tried to open the files and the documents, couldn't do it and didn't recognize anything. After clicking around and getting the **CAUTION MESSAGE** each time, they **DELETED** the **FOLDER**.

#### WHAT THEY DELETED WAS THEIR ENTIRE GROUPWISE ARCHIVE!!





Don't be like this guy - leave your Archive Folder alone!

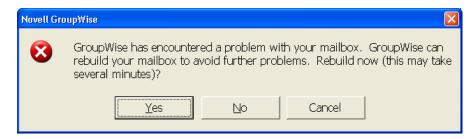
\*\* As of 2004, SDOT and SPU have moved their Archive from the H:\ Drive to a location that is locked down behind the scenes



## HOW TO MAINTAIN YOUR GROUPWISE ARCHIVE

**GROUPWISE** has a nifty tool to help you do **PREVENTIVE MAINTENANCE** on your **ARCHIVE** - called **GWCHECK**. Here's how to do it:

- 1. START GROUPWISE if you have not already opened it
- 2. Hold down CTRL+SHFT and then CHOOSE the FILE OPEN ARCHIVE
- 3. You should get an ALERT Box below. Check Yes. Don't worry! It's doing its job!



The **GWCHECK** is done in **Two Passes**. When finished, it might send you back to your **Last Open Window**. But, **GROUPWISE** will be in **ARCHIVE**.



If you want to be an **Archive-Savvy User**, you should run these **Maintenance Routines** on your **Archive** as a **Preventive Measure**. How often?

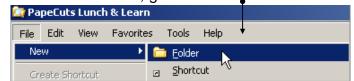
If you Archive more than 100 messages a month, you're a HEAVY ARCHIVE USER and should do this ONCE A QUARTER. Otherwise do this ONCE OR TWICE A YEAR.



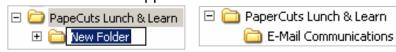
## HOW TO SAVE THE E-MAIL MESSAGE AS A WORD DOCUMENT

Sometimes it makes sense to Save an E-Mail as a Word Doc because it Pertains to a Project or City Business. First, Create a Sub-Folder called "E-Mail Communications" within the "Primary" Topic Folder.

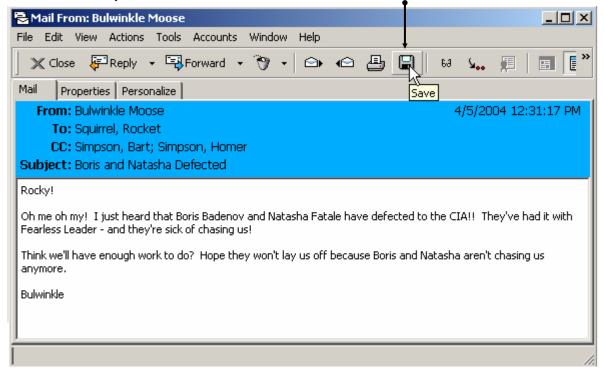
SELECT the FOLDER, go to FILE - FOLDER and CLICK

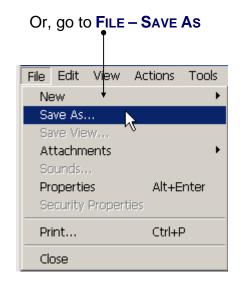




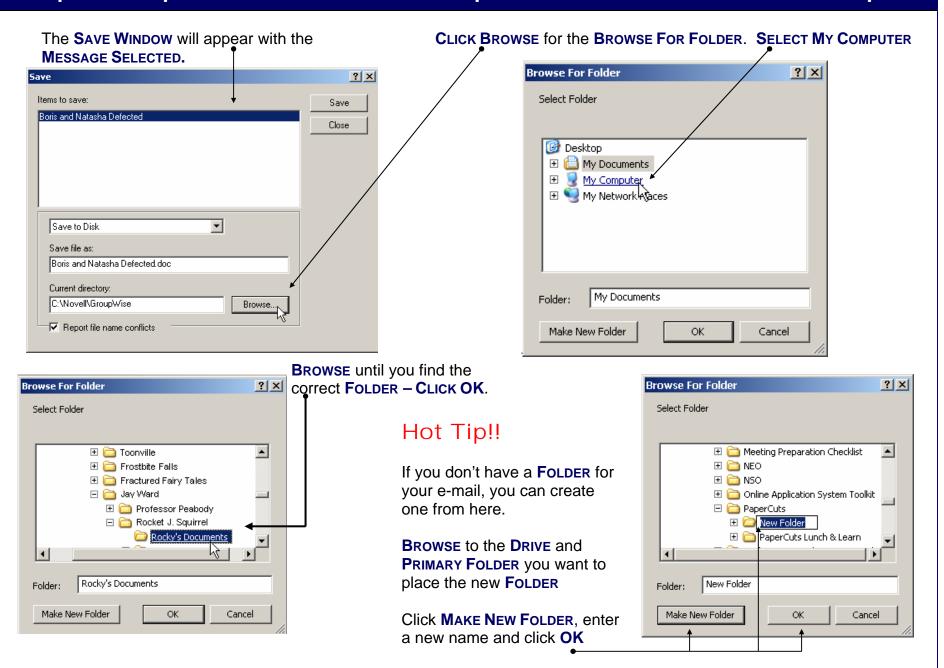


Go to the E-Mail you want to save. CLICK the SAVE BUTTON on the TOOLBAR.

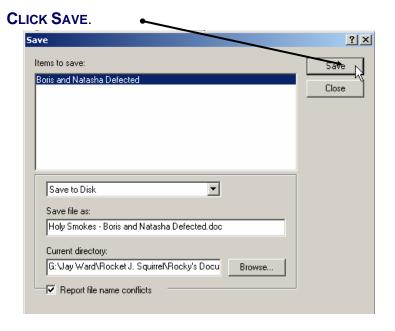




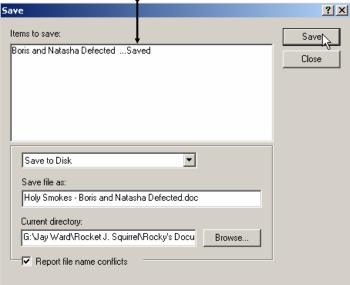








The **E-Mail** will be **Marked** as **Saved**.



TIP:

You can **RENAME** the E-**MAIL** before saving it. Go to the **SAVE FILE AS** field, **HIGHLIGHT** and **TYPE** in a **NEW FILE NAME**.

The **Saved E-Mail Retains** the **FROM – TO – DATE – SUBJECT** lines for doucmentation purposes.

As you can see, a **Saved E-Mail** looks like a **Plain Text Document.** 

If you want to **Change** the **Font**, go to **Edit- Select All** – (or **Triple Click** in the margin), then **select** the **Font** of your choice.

This method saves one e-mail per page.

From: Bulwinkle Moose

To: Simpson, Bart; Simpson, Homer; Squirrel, Rocket

Date: 7/1/2005 10:16:38 AM

Subject: Boris and Natasha Defected

Rocky,

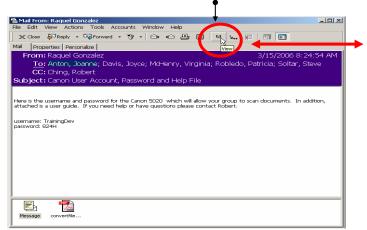
Boris and Natasha just defected to the CIA!! They've had it with Fearless Leader and they're sick of chasing us. Do you think we'll be out of a job? Hope they don't lay us off!

Bullwinkle

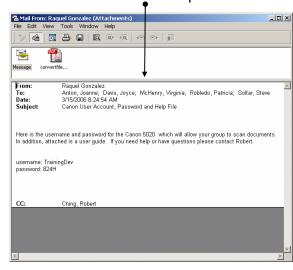


## HOW TO COPY & PASTE AN E-MAIL INTO A WORD DOC

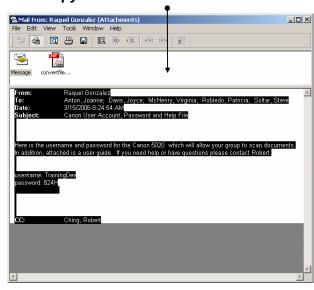
Click the **View** button on the **E-Mail Toolbar** – the button with the eyeglasses.



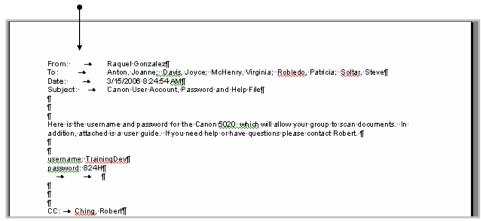
A Plain Text view of the E-Mail will open.



## Highlight and Copy the entire E-Mail



## Paste into a Word doc





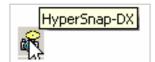
## HOW TO USE HYPERSNAP TO SAVE MULTIPLE E-MAILS ON ONE PAGE



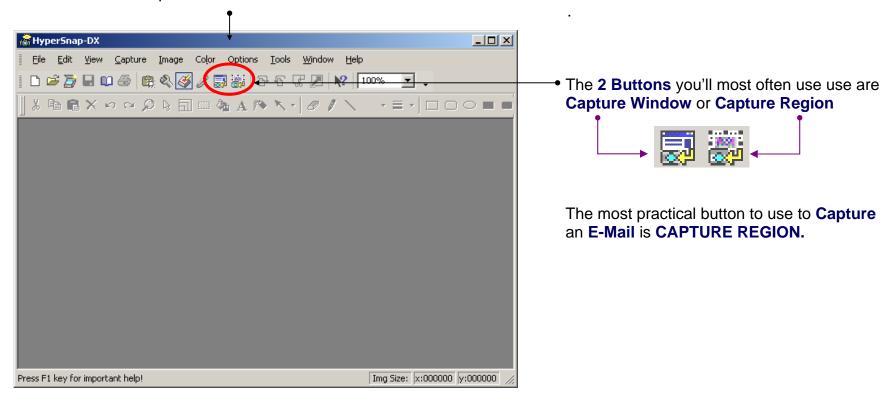
HYPERSNAP is a SCREEN CAPTURE program. All the SCREEN SHOTS in this document were created with HYPERSNAP.

The program is on the CITY'S NETWORK – meaning it's available without purchasing a new licence. If you want HYPERSNAP, call 6-1212 and tell them you like to add HYPERSNAP to your desktop.

To take a **Screen Shot** of an e-mail and paste it into a **Word Doc**, click the **HYPERSNAP** Icon on your desktop or in your system tray



HYPERSNAP will open. You'll see this WINDOW.





HyperSnap-DX

# PaperCuts Tips & Tricks – How to Use GroupWise & Windows Features to Save Paper

## How To Do "CAPTURE REGION"

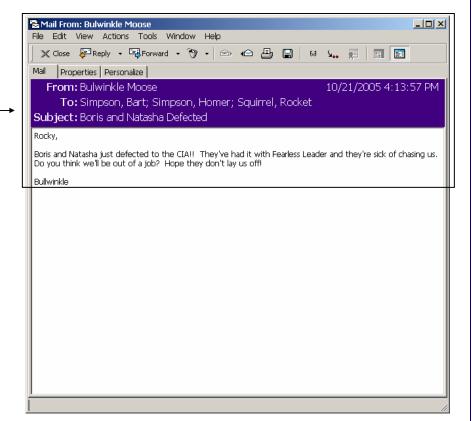
NOTE: When you're in CAPTURE REGION mode, your CURSOR will turn—into a CROSS with a small CIRCLE in the middle and a FRAME will eminate from the CURSOR. Your CAPTURE will begin from the BOTTOM RIGHT CORNER.

1. OPEN the e-mail you want to capture. Then, click the HYPERSNAP ICON to get the HYPERSNAP WINDOW.





3. LEFT CLICK and DRAG over the area you want to CAPTURE – a FRAME will surround the area.





File Edit View Actions Tools Window Heln

Subject: Boris and Natasha Defected

Do you think we'll be out of a job? Hope they don't lay us off!

Mail From: Bulwinkle Moose

Mail Properties Personalize From: Bulwinkle Moose

There is a new version of HyperSnap-DX at Hyperionics web sitel Click here to find out more about version 5.63.01

\_\_\_\_ File Edit <u>V</u>iew Capture Image Color Options Tools <u>W</u>indow Help

To: Simpson, Bart; Simpson, Homer; Squirrel, Rocket

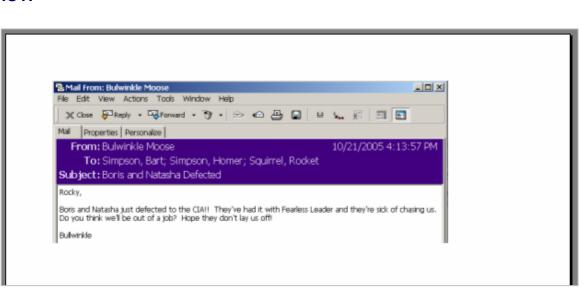
X Close FReply ▼ Sproward ▼ 🔊 ▼ 🗇 🖒 🖺 🖫 👪 🔝

Boris and Natasha just defected to the CIAII. They've had it with Fearless Leader and they're sick of chasing us.

4. CLICK. The CAPTURED REGION will appear in the HYPERSNAP WINDOW.

5. Go to EDIT – COPY or CTRL-C to COPY the E-Mail

- 6. Then open a new or existing WORD DOC and PASTE the E-MAIL SCREEN SHOT.
- **7.** With this method, you can save several e-mails per page.



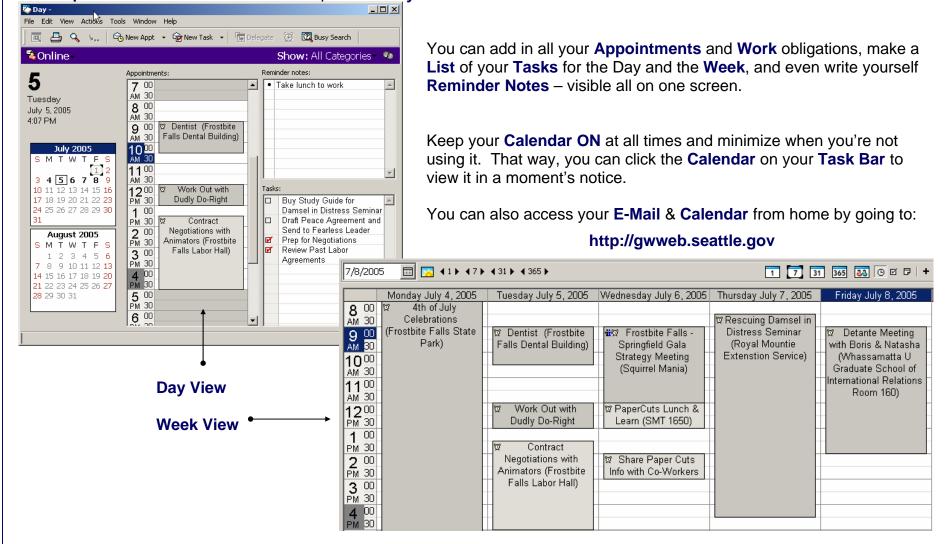
\_UX

10/21/2005 4:13:57 PM



## PUTTING YOUR GROUPWISE CALENDAR TO GOOD USE

Instead of lugging a paper calendar and slips of paper with lots of notes on them, take advantage of the features in your **GroupWise Calendar**. Below are examples of a **Day** and a **Week** view.

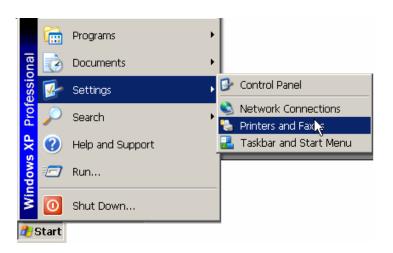


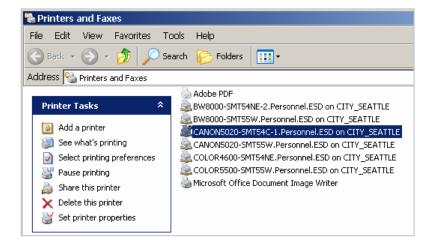


## SETTING PRINTER DEFAULTS AND OTHER FACTS

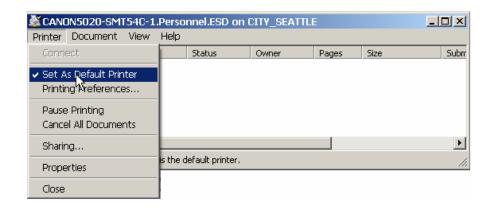
#### **SETTING PRINTER DEFAULTS**

To set your Printer Default to a Canon Printer/Copier, go to Start – Settings – Printers and Faxes. Double-Click your chosen printer.





#### Select Set As Default Printer

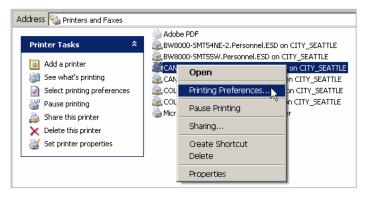




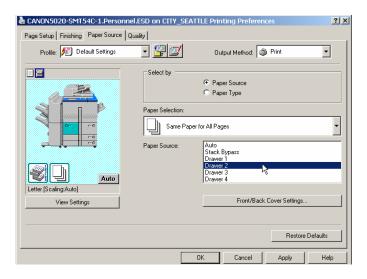
#### SETTING DEFAULTS WITHIN YOU DEFAULT PRINTER

Once you've selected and set your **Default Printer**, you can **Set Default Actions** for the **Printer**.

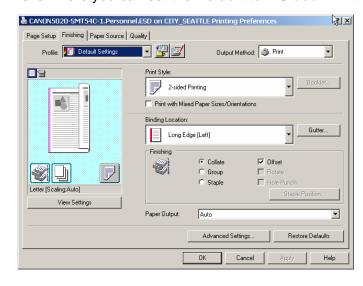
Right-Click the Printer and select Printing Preferences.



This is where you set the **Default Paper Tray** 



This is where you can set the **Default** to **2-Sided Printing** 



#### **PRINTER FACT #1:**

If you have them, we **STRONGLY RECOMMEND** all employees set their **Default Printer** to one of the **Canon Printer/Copiers. Why?** Because the **Toner** and **Staples** are **FREE** – they are part of the service contract. If you're defaulted to an HP, we are paying for the toner.

#### **PRINTER FACT #2:**

If you print a **Black** and **White** document on a **Color** printer, you're using more toner than if you used a regular printer. **Avoid printing Black & White on Color Printers!** 

#### **PRINTER FACT #3:**

Color toner cartridges are **EXPENSIVE** – for example, an **HP 4600** cost **\$174.00** a piece! Avoid printing black and white documents on Color Printers.

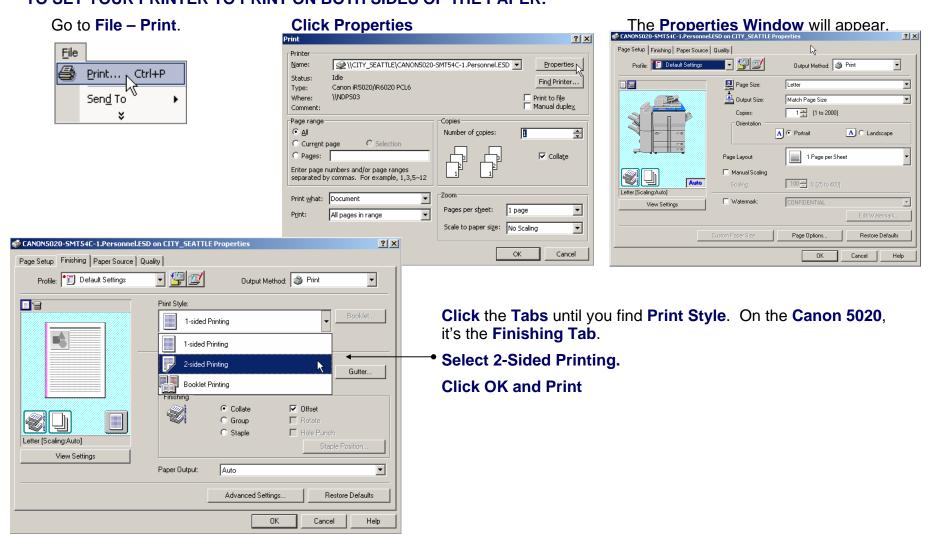
Color printers should not be set as default printers.



## WHEN YOU MUST PRINT . . . . SOME TIPS ON HOW TO PRINT FEWER PAGES

These tips cover printing individual documents. The following screen shots are specific to a Canon 5020 Copier/Printer. When using your printer, the basic steps will remain the same, but the appearance will be different.

TO SET YOUR PRINTER TO PRINT ON BOTH SIDES OF THE PAPER:



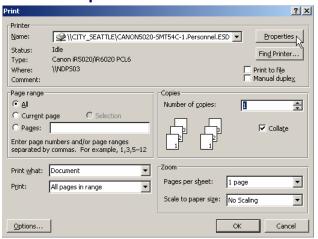


## HOW TO PRINT MULTIPLE PAGES ON ONE SHEET OF PAPER

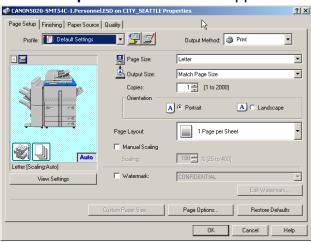


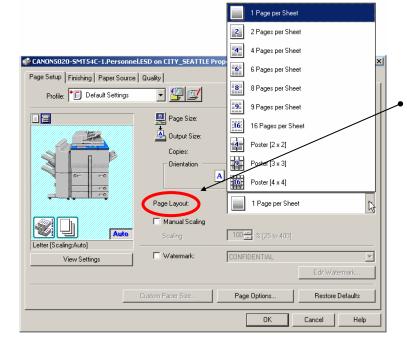


## **Click Properties**



The **Properties Window** will appear.





Find a setting called Page Layout.

Click the Arrow and select the Number of Pages per Sheet to print.

On the Canon 5020, this setting is found on the Page Setup Tab.

See next page for another method to print multiple pages on one sheet.



## ADDITIONAL METHOD ON PRINTING MULTIPLE PAGES ON ONE SHEET OF PAPER ON A CANON

Canon machines offer an alternate 2 on 1 feature that reduces the size of your document so it fits 2 pages on 1 page - it's great for file copies. The settings are:

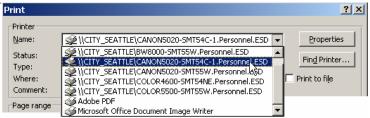
- 2 on 1 (1 sided) enables you to save paper by printing 2 pages on 1 side of 1 sheet
- 2 on 1 (2 sided) enables you to save paper by printing 2 pages on each side of 1 sheet, using 2-sided printing

## To print in this format on the Canon machines:



Select printer as **CANON** machine

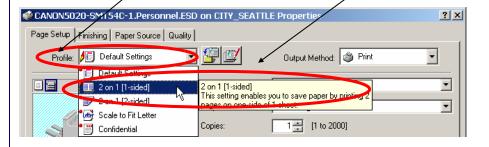


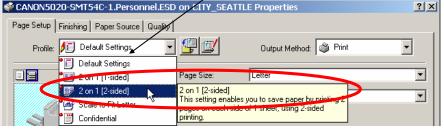


Go to the **PROFILE** pull down menu

elect either 2 on 1 (1 sided)

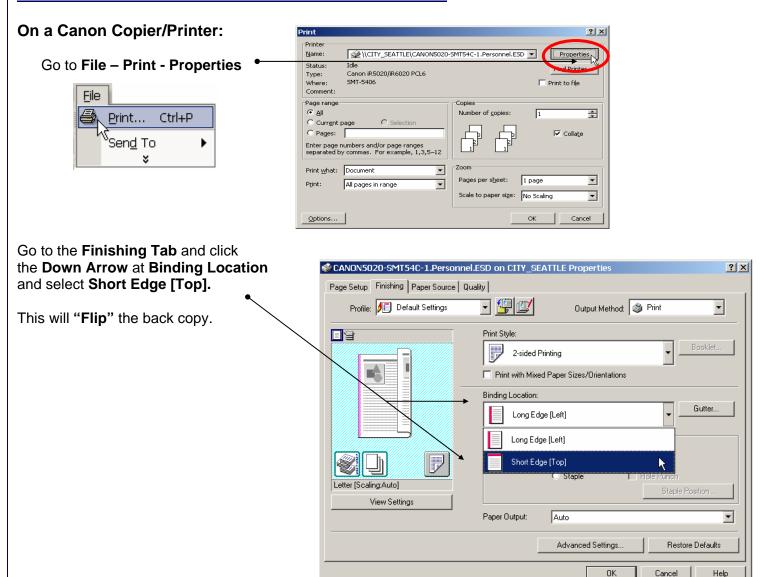
OR 2 on 1 (2 sided)







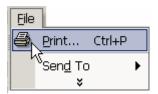
## HOW TO "FLIP" DOUBLE-SIDED COPIES

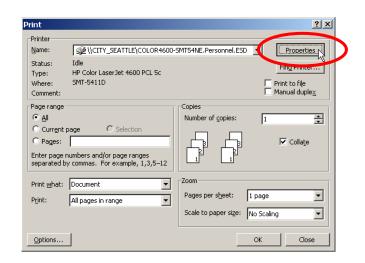




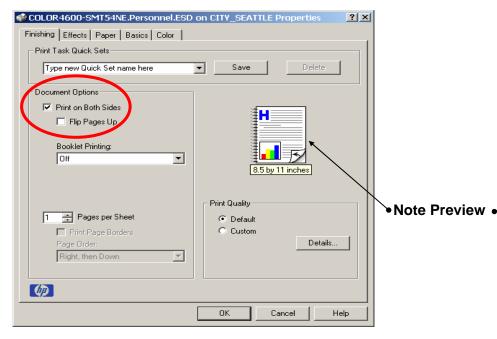
#### On an HP Color Printer:

Go to File - Print and select the Color Printer and click Properties

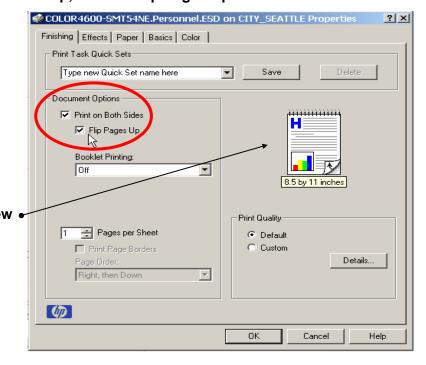




## At the Finishing Tab, select Print on Both Sides



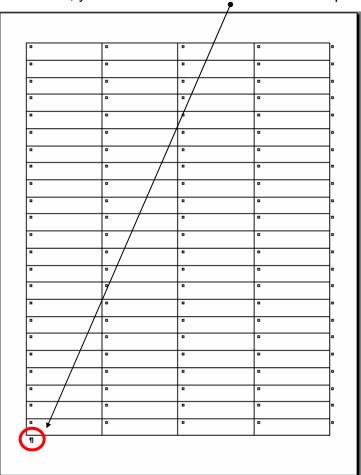
## To Flip, click the Flip Pages Up box



## TABLES & THE HIDDEN HARD RETURN

Have you ever printed a **1-Page Table** only to have the printer give you **2 Pages?** If your Table took up the whole page, the **"Hidden Hard Return"** at the end of the **Table** forced a second page. Take a look:

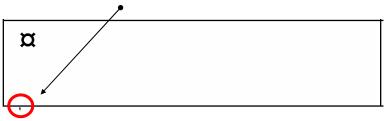
Turn on the **Show/Hide** button on your **Toolbar** to make **Hard Returns** visible. Create a page-long table. At the end of the **Table**, you'll see a "**Hidden Hard Return**" placed as a default at the end of the **Table**.



You can't **Delete** this **Hard Return**. But you **CAN** make it smaller.

Go to the Font Size Pull-Down Menu and type in "1" for the size and hit enter

This way, you'll buy yourself some space at the end of the **Table**. Notice the itty-bitty **1 pt Hard Return** at the end of the **Table Cell?** 





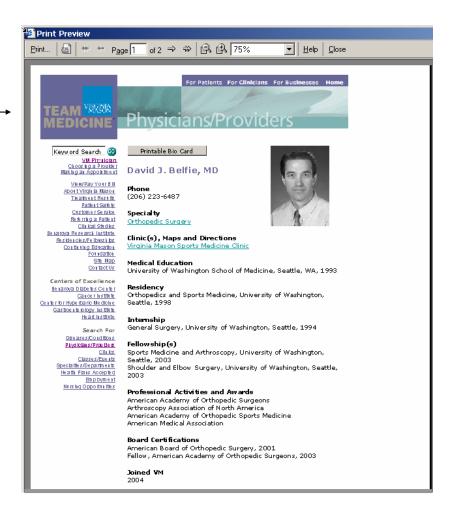
## USING PRINT PREVIEW AND PAGE SETUP WHEN PRINTING WEB PAGES

Frustrated when you print from a Website and the text is cut off or it prints multiple pages when you only wanted 1 or 2 pages? Go to **Print Preview** and **Page Setup** before you print to waste less paper! Here are some steps to help you print smarter

## **Printing from the Web:**

**Print Preview:** Go to **Print Preview** so you can see the nature of the formatting. Every webpage is different.

Notice all the "whistles and bells" are included if you print this page.



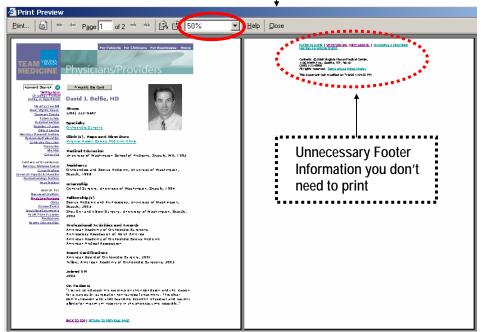


**Printer Friendly Versions and Print This Page:** If the website offers these options, use them. This is plain text printing and uses minmal paper because banners, ads, images and other extras are cut out.

Notice how most of the banners, etc., are removed.

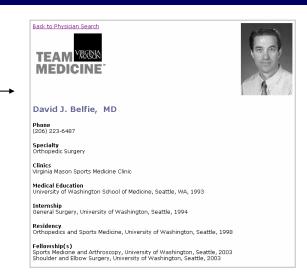
**Menu Options in Print Preview:** Allows you more options to see printable pages. In this example, because the page view was set to 50%, we see that page 2 has minimal text and not efficient to print.

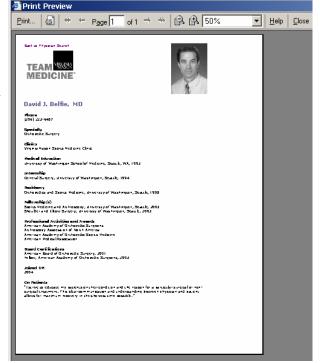
This is **Print Preview** for the "normal" webpage.



This is **Print Preview** for the **Printer Friendly**version.

Only 1 page!





You ALWAYS save paper when you select Printer Friendly!

Collate

Cancel

Apply

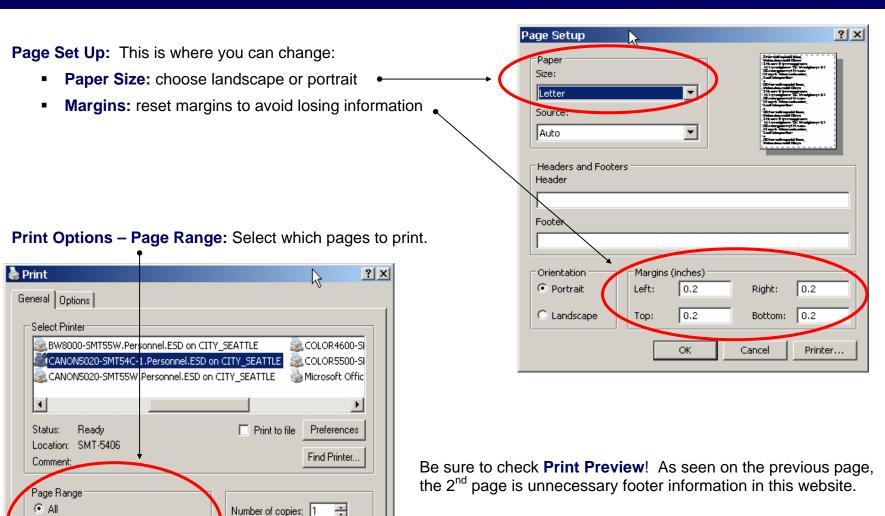
Print

C Selection C Current Page

Exter either a single page number or a page range. For example, 5-12



# PaperCuts Tips & Tricks – How to Use GroupWise & Windows Features to Save Paper





**Print Options – Selections:** If you want to print selected text from a lengthy website:

Simply **Highlight** the **Text** and go to **File – Print**.

David J. Belfie, MD Phone (206) 223-6487 Specialty Orthopedic Surgery Clinic(s), Maps and Directions Virginia Mason Sports Medicine Clinic Medical Education University of Washington School of Medicine, Seattle, WA, 1993 Residency Orthopedics and Sports Medicine, University of Washington, Seattle, 1998 Internship General Surgery, University of Washington, Seattle, 1994 Fellowship(s) Sports Medicine and Arthroscopy, University of Washington, Seattle, 2003 Shoulder and Elbow Surgery, University of Washington, Seattle, 2003 Professional Activities and Awards American Academy of Orthopedic Surgeons Arthroscopy Association of North America American Academy of Orthopedic Sports Medicine American Medical Association

Choose "Selection" in the Page Range box.

